

# The Twelve Steps .....a spiritual journey of recovery

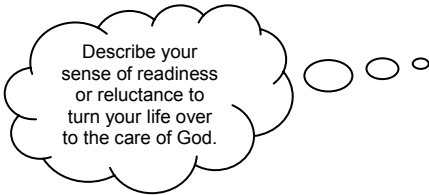
## STEP THREE: The Turning Point

### Review:

**Step One** – is about recognizing our brokenness. We admitted we were powerless over the effects of our separation from God – that our lives had become unmanageable.

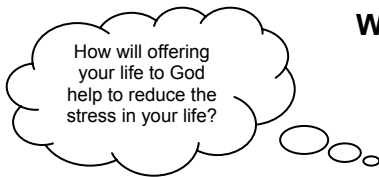
**Step Two** – is about the birth of faith in us. We came to believe that a power greater than ourselves could restore us to sanity.

### Step Three: We made a decision to turn our will and our lives over to the care of God as we understood Him.



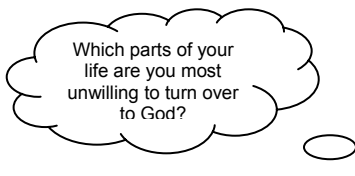
**“I urge you, in view of God’s mercy, to offer your bodies as living sacrifice, holy and pleasing to God – which is your spiritual worship.”**  
*Romans 12:1*

This step involves a decision to let God be in charge of our lives. This is where we get lasting and meaningful help.

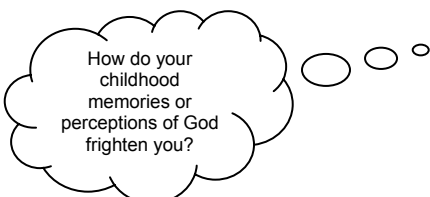


### WHAT KEEPS ME FROM TAKING THIS STEP?

- PRIDE - I don’t want to admit I need help.  
**Proverbs 18:12** *“...arrogant people are on the way to ruin.”*
- GUILT – I’m ashamed to ask God for help.  
**Psalm 40:12** *“Problems far too big for me to solve are piled higher than my head. Meanwhile my sins, too many to count, have all caught up with me, and I am ashamed to look up.”*



- LOSS – I’m worried about what I’d have to give up.  
**Mark 8:36** *“How does a man benefit if he gains the whole world and loses his soul in the process? Is anything worth more than his soul?”*

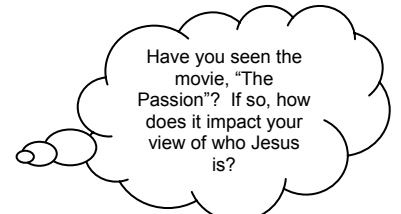


- FEAR – I’m nervous that this may not solve my problems.  
**Philippians 1:6** *“God, who began the good work within you, will keep right on helping you grow in his grace until his love is finally finished.”*
- DOUBT – My faith seems so small.  
**Matthew 17:20** *“If you have faith as small as a mustard seed.... nothing will be impossible for you.”*

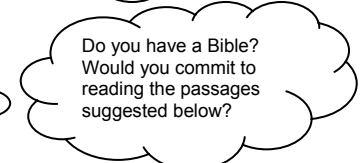
**HOW DO I TAKE THIS STEP?**

ACCEPT.....

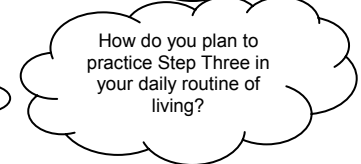
- God's Son as my savior  
**Acts 16:31 "Believe in the Lord Jesus and you will be saved."**
- God's word as my standard.  
**2 Timothy 3:16 "All scripture is inspired by God and is useful for teaching the faith and correcting error, for resetting the direction of a man's life, and training him in good living."**
- God's will as my strategy.  
**Psalms 40:8 "I desire to do you will, O my God."**
- God's power as my strength.  
**Philippians 4:13 "I can do everything God asks me to with the help of Christ who gives me the strength and power."**



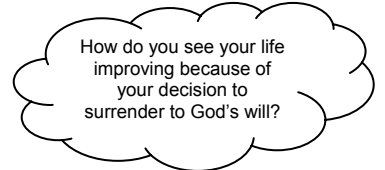
Have you seen the movie, "The Passion"? If so, how does it impact your view of who Jesus is?



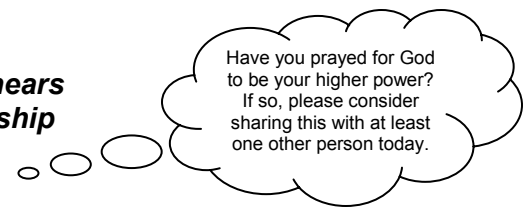
Do you have a Bible? Would you commit to reading the passages suggested below?



How do you plan to practice Step Three in your daily routine of living?



How do you see your life improving because of your decision to surrender to God's will?



Have you prayed for God to be your higher power? If so, please consider sharing this with at least one other person today.

**Jesus says "I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and fellowship with him. Revelations 3:20**

<i>Life Recovery Bible.....scripture and helpful reflections on this step</i>		
Numbers 23:18-24	Matthew 11:27-30	Deut. 30:15-20
Acts 17:23-28	Psalms 61:1-8	James 4:7-10
Isaiah 54:4-8		